

Relationship between the tendency of various addiction and the psychological characteristic in undergraduate students

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In this study, we examined to develop evaluation system to judge degree of risk of the process of dependence for the purpose of the prevention of the dependence using questionnaire methods because we would like to reveal the tendency of various addiction and the psychological characteristic in undergraduate students.

For 167 university students (male:64, female:103), we carried out this study with the approval of the Saitama Prefectural University Ethical Review Board (No.28095). For this study, we examined association and the correlation with the addiction tendency using two kinds of following originals (dependence recognition test, dependence risk degree test) and existing evaluation four kinds (GHQ-30, STAI, SACL, RSES).

As a result, the correlation with some psychological characteristics considered to participate in the process of dependence was accepted by around 9-10 questions paper. In addition, from the result according to the group of the addiction tendency, the possibility that an associated psychological characteristic varied according to a difference for the addiction was shown. Thus, the possibility as the evaluation standard that we detected an addiction tendency than the above, and could clarify degree of risk of the process of dependence was shown.