

Phosphodiesterase 5 inhibitor is effective both CKD and nephrotic syndrome models by protecting glomerular filtration barrier.

Tomita Natsumi¹, Yuji Hotta¹, Aya Naiki-Ito², Mayu Yoshikawa¹, Tomoya Kataoka³, Satoru Takahashi², Kazunori Kimura^{1,3}

¹Dept. Hospital Pharm., Grad. Sch. Pharm., Nagoya City Univ., ²Dept. Experimental Pathol. Tumor Biol., Grad. Sch. Med., Nagoya City Univ., ³Dept. Clinical Pharm., Grad. Sch. Med., Nagoya City Univ.

Objective. Phosphodiesterase (PDE) 5 inhibitor is reported to have renoprotective effects, however, its mechanisms are unknown. In this study, we investigated the effects of a PDE5 inhibitor, tadalafil, on two renal dysfunction model.

Materials and Methods. 1. CKD model. We used Dahl salt-sensitive rats, which cause hypertension and CKD by high salt diet. They were divided into 4 groups, normal salt, high salt, tadalafil 1 mg/kg and 10 mg/kg treatment. **2.**

Nephrotic syndrome model. Adriamycin(ADR) induced nephrotic model was used. We divided into 3 groups, control, ADR, and ADR+tadalafil 10 mg/kg. We evaluated kidney function and tissues in both models. **Results. 1. CKD**

model. High salt induced renal dysfunction and hypertension. Tadalafil 10 mg/kg treatment prevented renal dysfunction and hypertension. Tadalafil 1 mg/kg treatment also prevented kidney dysfunction, but not hypertension.

Histopathological analysis revealed that tadalafil treatment attenuated glomerular injury. **2. Nephrotic syndrome**

model. ADR injection induced high urinary protein. Two and 4 weeks of tadalafil treatment attenuated proteinuria.

Conclusion. This study suggested that tadalafil is effective both CKD and nephrotic syndrome.